

# Hello Neighbor,

My name is \_\_\_\_\_. I live at \_\_\_\_\_.

I am offering to be helpful if you need anything during this pandemic.

I'd be happy to:

Pick up medication

Pick up/deliver food

Watch children

Or \_\_\_\_\_

For your health and mine we will probably need to both find a way to keep our distance, but I am here for you to figure out solutions. Here are some phone numbers you can call too.

My phone is \_\_\_\_\_.

If you think you are sick call the Moab COVID-19 Hotline: 435-719-3889.

If you are having a medical emergency, please call 911.

For more up to date information and help please go to <https://www.moabcity.org>

## And Remember ...

- **Keep clean - wash your hands regularly for 20 seconds!**
- **Social Distancing - stay 6 feet away from people and wave.**
- **Avoid crowds - keep your risk low!**

## ATTENTION:

**Don't give personal/financial information, including your Social Security number, bank account, or money, etc., to anyone, including those who offer help using this form.**

